

Metacognition (Thinking about thinking)

- Self-aware
- Awareness
- Thinking aloud
- Reflective
- Strategic planning
- Have a plan in mind
- Self-evaluative
- Self-awareness
- Mental maps
- Knowing what you know and what you don't know
- Talking to yourself
- Inner dialogue
- Self-monitoring
- Inside your head
- Inner thoughts
- Inner feelings
- Consciousness
- Alertness
- Cognizance